



# sharing songs and rhymes

For more information about the service contact:

Paediatric Speech and Language Therapy Service  
Union Street Clinic  
Union Street  
Bedford MK42 2SF

Single Point of Access  
Telephone: 01234 310163 / 01234 310712  
(Office open between 8.00am – 4.00pm)

Email: [ccs.beds.childrens.slt.admin@nhs.net](mailto:ccs.beds.childrens.slt.admin@nhs.net)

### Useful Contacts

For local information on speech  
and language therapy visit:

[www.childspeechbedfordshire.nhs.uk](http://www.childspeechbedfordshire.nhs.uk)

[www.talktoyourbaby.org.uk](http://www.talktoyourbaby.org.uk)  
[www.talkingpoint.org.uk](http://www.talkingpoint.org.uk)

Code No: 0648 Feb 2020 (v2.2)  
Date of Production: July 2019  
Date of Review: July 2022



**TALKING  
TAKES OFF**



# sharing songs and rhymes

Children love songs and rhymes and they're a great way to help develop talking and listening skills.

- 1 Your voice is your child's favourite music so sing to them, even if you don't think you sound great your child will love hearing the sound of your voice!
- 2 Songs and rhymes can be sung anywhere and anytime.
- 3 Turn off the TV or radio so your child can hear your voice.
- 4 Sing slowly at a speed that suits your child.



"this little  
piggy went  
to market"

Using familiar tunes try making up words about everyday activities. For example, "Here we go round the mulberry bush" can become "This is the way we wash our hands".

- 5
- 6 Match the song to your child's mood. A bouncy song if they are happy, a quiet song if they are tired or upset.
- 7 It's okay to repeat the same songs if your child likes them... repetition is good.
- 8 Make it fun! Use actions as you sing and change how your voice sounds.
- 9 When your child joins in, show that you've noticed by giving lots of encouragement.
- 10 Find new songs by visiting your library and asking family and friends.

"the cow  
jumped over  
the moon"

