

<b>Sex and Relationships Education Core Targets Years 1 to 6</b>	
Year 1	
	Can recognise that bodies and feelings can be hurt
Year 2	
	Can judge what kind of physical contact is acceptable, comfortable and unacceptable
	Can recall the names for the main parts of the body and the similarities and differences between boys and girls
Year 3	
	Can recognise and challenge stereotypes
Year 4	
	Can identify the skills needed to make and maintain a positive, healthy relationship
	Can recognise ways in which a relationship can be unhealthy and know where to get support
	Can recognise risky or negative relationships
Year 5	
	Can identify some of the physical changes experienced during puberty.
	Can identify the biological changes that happen to males and females during puberty.
	Can explain the importance of personal hygiene during puberty.
	Can understand how and why emotions may change during puberty and where we can get help, advice and support from.
Year 6	
	Can understand what images are inappropriate to ask for and share and know who to talk to if they feel uncomfortable or are concerned.
	Can understand how to take care of their body and know they have the right to protect it from inappropriate and unwanted contact.
	Can understand that actions such as FGM constitute as criminal abuse and can develop strategies to get support.
	Can recognise that similarities and differences between people arise from factors including gender identity and sexual orientation.
	Can understand the nature and consequences of discrimination including prejudice-based language and how to respond and ask for help.
	Can understand the terms associated with sex, gender and identity and how they are different.
	Can recognise how images in the media and online do not always reflect reality and can affect how people feel about themselves.
	Can explain the consequences of teasing and bullying including cyber bullying, trolling and how to ask for help.