### When did you join the governing body; How long have you been a Governor?

I became a Governor in July 2019 so less than one term.

### What is your link to the school?

I have two daughters at The Hills Academy. One is in reception and the other is in Year 2.

# What is your professional background and experience?

I have a background in health and wellbeing at work including working as a Work Psychologist at Jobcentre Plus and supporting people with mental health problems back to work. More recently I have worked for a think tank in Westminster writing reports on managing health conditions in the workplace. I have experience of coaching, organisational change and development, induction and recruitment and facilitating teamwork. I am currently completing my training to be a Chartered Occupational Psychologist.

# Why did you become a Governor?

I think The Hills is a great school supported and led by some outstanding people. I wanted to maintain and help develop its ethos. As I am currently studying, I felt now was a good time to get involved.

# What do you like about the role?

I like the variety within the role, finding out about how the school is run, what goes on in school and what we should be aiming for as well as constantly finding ways we could improve. I like the opportunity to work with a committed and professional team of Governors and staff and the chance to get to know the teachers better.

#### What are some of the key things you have done as a Governor?

As this is my first term so far, I have attended the strategy day, looking at the strategic objectives of the school and having time to reflect as a team. I would like to get more involved in supporting SEND and support on wellbeing within the school for teachers and staff and pupils.

#### What do you think about the Hills as a school?

I love the vision and values of The Hills which I think it lives up to. I find it an inclusive, friendly and nurturing community and I love the opportunities and experiences it provides our children beyond the standard curriculum i.e. outdoor learning, French from reception, and all the school trips.

# What are your hopes for the school?

That we continue to grow and develop – not rest on our laurels. That we find new ways to aim high for all pupils whilst continuing to help them thrive through our vision, values, broad curriculum and nurturing community.